



Ingredient	Quantity	Unit
Light Brown Soft Sugar (106067) 1x3kg	25.00	g
Amoy Dark Soy Sauce	15.00	ml
Brakes Clear Blossom Honey	15.00	g
Brakes Ground Ginger	1.00	g
Cooks Garlic Puree 1x1.2kg	5.00	g
Brake Mild Chilli Powder 1x500g	1.00	g
LIMES	2.00	Each
CORIANDER	0.25	Each
Brakes Extended Life Rapeseed Oil	7.50	ml
Oyster Cut Chicken Thigh Bone in, Skin on	900.00	g
Sysco Lime Juice 1x1ltr	21.00	ml

Preparation Notes

- 1. In a dish, combine the lemon juice, sugar, soy, honey, oil, ginger, garlic and chilli. 2. Add the chicken and turn to coat. Cover and chill for at least 1 hour or overnight.
- 3. Preheat the oven to gas 6, 200°C, fan 180°C. Remove the chicken from the marinade and arrange in a roasting tin, season well.
- 4. Cook for 25 minutes, turning halfway and basting with any leftover marinade, until cooked through with no pink meat showing.

Serving suggestion: Mix creme fraiche, sour cream or yogurt with chopped coriander and seasoning to make a dip to serve with the the chicken and lime wedges for squeezing over.



Looks Like

CEREAL GLUTEN	Y
CRUSTACEA	N
FISH	N
MOLLUSCS	N
PEANUTS	N
SESAME SEEDS	N
SOYBEAN	Y
TREE NUTS	N
CELERY / CELERIAC	N
EGGS	N
MITK	N
MUSTARD	N
LUPIN	N
ADDED SULPHUR DIOXIDE	Y
WHEAT	Y
BARLEY	N
RYE	N
SPELT	N
KAMUT	N
OATS	N

